

THE TORCH

FEBRUARY 2008



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*Enjoy
Valentine's Day
At Olympia
The Best of the Old
World Meets the
Best of the New-
Love never goes
out of style.*

BRIGHT IDEAS FROM A BRIGHT RECREATION COMMITTEE



The Recreation Committee 2008 met for the first time on January 14th. It was a high spirited, energetic meeting of bright minds, all with one mission- to create fun! Members of the Committee include (pictured above left to right): Linda Miller, Linda Biancarosa, Scott Shulman, Alex Theodossis, Dana Bernstein, Rita Counts Makhoul, and Lisa Carrabis. Not pictured is Yvonne Mena.

The Committee will work to utilize assets to enhance the Community. They will promote use of the Clubhouse and grounds and will strive to develop activities and events residents will want to attend. Suggestions such as Meet Your Neighbor afternoons, Teen Movie Nights, development of Clubs, Jazz Evenings on the Lawn are just a few ideas. Basketball, Volleyball and Soccer Teams established for

both teen and adults could be on going and coached by residents themselves. In an effort to know their audience, the Recreation Committee suggests each resident complete the short survey below, cut it out and drop it off at the Clubhouse. The Recreation Committee would like to "tap" our community for talent. or example, able to teach a foreign language, instruct a drawing class, or know how to grow orchids? Please let the Committee know on the form below. In addition, the Committee would like to publish a Community Directory and ask for volunteers with computer skills to volunteer to help. Thanks in advance!

VILLA OLYMPIA

Please complete the following short survey,
cut along the dotted line and bring to the Clubhouse.

Are you willing to volunteer for community events? Yes_____ No_____

Do you have a special talent you would to share with the Community? Yes_____ No_____

If yes, what is it? _____

What are you willing to pay per family member per event _____

Do you have children living with you? Yes_____ No_____

If yes, how many? _____ What are their ages? _____

Please check off any of the events/classes you are interested in:

Carnival _____ Holiday Themed Events _____

Art/Craft Show _____ Athletics _____

Day Trips _____ Pizza/Movie Night _____

Mini Sports Olympics _____ Teen Nights _____

Cultural Lectures/Study Groups _____ Fitness Classes _____

Other _____

I would participate in an Olympia Community Directory. Yes_____ No_____

Name: _____

Address: _____

SHULAMIT SLIMMER TAKE CHARGE OF BODY AND HEALTH

The Shulamit Slimmers is a program developed by the Western Communities Shulamit Chapter of Hadassah. It is a group of vibrant women living, working and raising families while striving to take the best possible care of themselves. The Shulamit Slimmers program is about taking charge of one's physical and well being and setting a positive example for our children. The program will offer a sampling of a variety of different exercise and diet techniques over the course of twelve sessions. This program is intended for anyone whether they need to lose 10 pounds or 100 pounds or just want to maintain their current weight. A modest fee of \$18 will get you a sampling of 12 different exercise methods and an opportunity to visit some of the most popular health clubs in Wellington for no obligation. If there is interest, Villa Olympia will continue the programs throughout the year. Please stop by the Clubhouse and fill out the registration form and return by February 2nd.



Richard Zimmerman and Teammates Amir & Climmie

MEN'S 3-ON-3 SPRING BASKETBALL LEAGUE SIGN-UPS START NOW!

Mens Spring League
Three on Three Basketball
Sign-up at Clubhouse Desk
\$10 entrance fee Play is Thursday Nights from 7-9pm
Call Jason Freeman, League Coordinator for more information.
Register on your own or get a 3-man team together.
18 players are the minimum to start

Slimmers Schedule

Monday, February 4th 7-8pm Lecture
Hypnosis for Weight Loss Villa Olympia Club Room
Thursday, February 7th 7-8pm Gym Tour
Energy Fitness Energy Fitness, 13860 Wellington Tr.
Tuesday, February 12th 7-8pm Gym Tour & Lecture
Fit Studio 9176 Forest Hill Blvd., Wellington
Thursday, February 21st 7-8pm Exercise Session
Pilates Energy Express, 13860 Wellington Tr.
Thursday, February 28th 7-8pm Gym Tour
Curves for Women 12794 Forest Hill Blvd., Wellington
Thursday, March 6th 7-8pm Exercise Session
Yoga Villa Olympia Indoor Gymnasium
Thursday, March 13th 7-8pm Exercise Session
Tai Chi Villa Olympia Indoor Gymnasium
Thursday, March 20th 7:30-8:30pm Exercise Session
Belly Dancing Energy Express, 13860 Wellington Tr.
Thursday, March 27th 7-8pm Exercise Session
Jazzercise Villa Olympia Indoor Gymnasium
Thursday, April 3rd 7-8pm Exercise Session
Latin Dancing The Palm Ballroom, Royal Palm Beach
Thursday, April 10th 6:15-7:15pm Exercise Session
Water Aerobics Villa Olympia Pool
Monday, April 14th 7:30-8:30pm Lecture & Exercise
Total Body Conditioning Club Fitness 13865 Wellington Tr.
Join Shulamit Slimmer for all or what you can fit in...
Sign- up Today!



THE "CELEBRATION OF LIFE" CONTINUES AT VILLA OLYMPIA

Volunteers Laurice & Ruben Gomez, Rebecca Charles, Erica Jenson and Donna Green with Community Blood Centers make it possible for Olympia residents to give back to the Community. (the Gomez' are residents of Olympia!) Cedric Wallace (pictured second from the right) was the first resident to give blood. Blood Mobile will be returning in March. Watch for the date.
One donation can save up to 3 lives!

ACTIVITIES FOR FEBRUARY

- **Dance Mondays at 4pm 6-8 year olds**
\$8.00 per person per session
Registration prior to session a must
- **Body Works with Mike Mitchell**
Tuesdays & Thursdays at 9am
\$12.00 per session or \$60 for 6 sessions
- **Body Sculpting with Pam Romain**
Wednesdays at 9:15am
\$12.00 per session or \$60 for 6 sessions
- **Personal Training with Mike Mitchell or Pam Romain by appointment**
- **Karate Tuesdays & Thursdays at 6pm**
- **Junior Tennis Clinics Tuesday & Thursdays**
3-3:45pm 4-6 years olds
3:45-4:45pm 7-9 year olds
4:45-5:45pm 10+ year olds
\$9-12 per person per session
- **Beginner Tennis Wednesdays at 9:30am**
NEW TIME \$15.00 per person
- **Adult Tennis Stroke of the Week Clinics**
Sundays at 1pm NEW TIME \$15 per person
- **Tai Chi Saturdays at 10am**
- **Healthy Legs Lecture by Dr. Mubarik Shah, MD** Wednesday, February 20th 7pm
- **Swimming Lessons by appointment with "AquaPam" Pam Smith call 561-758-1869**
\$45.00 for 30 minutes Group lessons also available
- **Bunco for Village Ladies**
organizational stage
Please call Rita at 561-784-1870 if interested
- **Social Group for Girls 11-15 years old**
organizational stage
Please call Rita at 561-784-1870 if interested
- **Organized Ping Pong, Volleyball, Basketball, Soccer Play for Adults, Teens and Kids being organized NOW! Please call the Clubhouse to put your name on interested list. Will start when group minimum is met.**

FEBRUARY

2008



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Tai Chi 10am
3 Adult Tennis Clinic 1pm Super Bowl Sunday Clubhouse Closes at 6pm	4 Dance 4pm Hypnosis for Weight Loss Lecture 7pm	5 Body Works 9am Junior Tennis 3, 3:45, 4:45pm	6 Body Sculpting 9:15am Beginner Tennis 9:30am Widener Annual Meeting 7pm	7 Body Works 9am Junior Tennis 3, 3:45, 4:45pm Danforth Meeting 7pm	8	9 Tai Chi 10am
10 Adult Tennis Clinic 1pm	11 Dance 4pm	12 Body Works 9am Junior Tennis 3, 3:45, 4:45pm	13 Body Sculpting 9:15am Beginner Tennis 9:30am Stotesbury Meeting 7pm	14 Body Works 9am Junior Tennis 3, 3:45, 4:45pm Valentine's Day	15	16 Tai Chi 10am
17 Adult Tennis Clinic 1pm	18 Dance 4pm President's Day	19 Body Works 9am Junior Tennis 3, 3:45, 4:45pm Easton Meeting 7pm	20 Body Sculpting 9:15am Beginner Tennis 9:30am Scribner Annual Meeting 7pm	21 Body Works 9am Junior Tennis 3, 3:45, 4:45pm Danforth Annual Meeting 7pm	22	23 Tai Chi 10am
24 Adult Tennis Clinic 1pm	25 Dance 4pm	26 Body Works 9am Junior Tennis 3, 3:45, 4:45pm	27 Body Sculpting 9:15am Beginner Tennis 9:30am	28 Body Works 9am Junior Tennis 3, 3:45, 4:45pm	29	 <p><i>What will you do with your extra day? Friday, February 29th is Leap Day!</i></p>



Krista Keinonen, Clubhouse Staff Member and Olympia residents Katie and Kelly on a warm January afternoon.



Ashley Porcaro having fun shopping during the Holiday Boutique



Samantha and Brooke Fink enjoy a morning drive around Clubhouse grounds escorted by parents Jennifer and Jonathan (not pictured)



Julee, Gary, Darian and Jett Schneider at the Clubhouse



Tom Byrnes, Chris Hodge and Ted Miloch coach mini Rip-flag Teams on Sunday Mornings. Team members include Jake Byrnes, Colby & Brodi Gullo, Teddy & Josh Miloch & Carter Hodge.



Dan & Stuart MasterCare always around to help!



Jason Freeman, Clubhouse Staff Member paints the bike rack . Remember the wet paint signs!



Maria, Peter and Christopher Chronis and friends visiting for the Holidays!



Villa Olympia Contact Information
Phone 333-3636
Fax 333-5311
Email: villaolympia@olympiapb.org
Website: www.olympiapb.org
Community TV: Channel 63

Guardhouse Contact Information
Phone 561-333-9951
Voice Activated System: 333-9227
Wackenhut 24-hour Roving Patrol: 333-9951
In case of a true emergency, dial 911.
Palm Beach County Sheriff's Office Non-emergency: 688-3400
Village of Wellington 24-hour Code Enforcement: 753-2560

VILLA OLYMPIA

9100 Fatio Blvd
 Wellington, Florida 33414