

VILLA OLYMPIA

HAPPY LABOR DAY

THE TORCH



September 2005

Get Fit in the Fall

Don't wait until January, get fit in the fall with our fitness programs at Villa Olympia:



Power Yoga:

Tuesdays at 6:30pm
\$60 for 6 sessions

Body Works

Mondays: 9:15 –10:15 am
& 7:30-8:30 pm
Wednesdays & Fridays:
9:15 - 10:15 am
\$60 for 6 sessions

Personal Training:

Sessions:
\$40.00 an hour or
\$50 an hour for two people

Train with **Mike Mitchell** or
Pam Romain at
Villa Olympia



Get fit by signing up at the clubhouse today!

CLUB HOURS

MONDAY–THURSDAY
6:30 AM–10:00 PM

FRIDAY
6:30 AM - 8:00 PM

SATURDAY & SUNDAY
9:00 AM–8:00 PM

POOL HOURS

OPENS WITH THE
CLUBHOUSE AND CLOSSES
AT DUSK.

Recreation Committee

Applications are available at
the clubhouse for those
interested in volunteering
on the Recreation Committee.

The committee consists of one
representative from each village.

Duties include meeting on a
monthly basis, assist in planning,
and helping with special events.

CONTACT VILLA OLYMPIA

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WEB

WWW.OLYMPIAPB.ORG

Street of the Month

Stotesbury Way

Named for Edward and Eva Stotesbury from Philadelphia. He was a self-made financier and stock market icon, while she was considered the undisputed grand dame of Palm Beach society. In 1919, she was the first to commission Addison Mizner to design a private home in Palm Beach, which was called El Mirasol (The Sunflower). This 37-room estate could still be considered decadent even by today's standards. In addition to a 40-car garage, the mansion featured an auditorium and private zoo.

Dance

With Susan Siegel

Thursdays

Pre-school classes:
3:30-4:30pm
(ballet & creative dance)

5-7 year old classes:
4:30-5:30pm (ballet & jazz)

8-12 year old classes:
5:30-6:30pm (jazz & hip hop)

\$75.00/ 8 weeks
\$65.00/ 8 weeks 2nd child

Adult 3 on 3 basketball

Thursday Nights

7:00-9:00 pm

\$10.00 to register

Register by August 24th

Meeting on Sept. 1st at 7 pm
for players who register to
discuss rules and meet teams

For more info contact
Mac at the clubhouse
at 333-3636

Hip Hop Tots

With Lori Freer

Tuesdays


10:00-11:00 am

\$60 for 5 weeks

Ages 15 mos. to 3 years old

This creative movement class
brings an opportunity for
toddlers and care givers to explore
movement, enhance body
awareness, self expression and
socialization.

September 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 3 on 3 Basketball Meeting 7:00 pm Dance Classes Women's Tennis Clinic 7:00 pm	2 Tennis Clinics Kids: 3:30 pm Teens: 5:30 pm No Body Works	3 Scrap Booking Club 10:00 am
4 Beach Volleyball 3:00 pm	5 Happy Labor Day! (No Classes)	6 Hip Hop Tots 10:00-11 am Kidz Art 5:30-6:30 pm Yoga 6:30 Women's Tennis 7pm	7 Body Works 9:15-10:15 am Mommy & Me 9:30 am Karate 7 pm Tennis Clinics	8 Dance Classes Women's Tennis Clinic 7:00 pm	9 Body Works 9:15-10:15 am Tennis Clinics Kids: 3:30 pm Teens: 5:30 pm	10
11 Beach Volleyball 3:00 pm	12 Body Works : 9:15-10:15 am & 7:30-8:30 pm Mommy & Me 9:30 am Kid's Karate 7:00 pm Tennis Clinics	13 Women's Tennis Clinic 7:00 pm Hip Hop Tots 10:00-11 am Kidz Art 5:30-6:30 pm Yoga 6:30	14 Body Works 9:15-10:15 am Mommy & Me 9:30 am Karate 7 pm Tennis Clinics	15 Dance Classes Women's Tennis Clinic 7:00 pm	16 Body Works 9:15-10:15 am Tennis Clinics Kids: 3:30 pm Teens: 5:30 pm	17
18 Beach Volleyball 3:00 pm	19 Body Works : 9:15-10:15 am & 7:30-8:30 pm Mommy & Me 9:30 am Kid's Karate 7:00 pm Tennis Clinics	20 Women's Tennis Clinic 7:00 pm Hip Hop Tots 10:00-11 am Kidz Art 5:30-6:30 pm Yoga 6:30	21 Body Works 9:15-10:15 am Mommy & Me 9:30 am Karate 7 pm Tennis Clinics	22 Dance Classes Women's Tennis Clinic 7:00 pm	23 Body Works 9:15-10:15 am Tennis Clinics Kids: 3:30 pm Teens: 5:30 pm	24
25 Beach Volleyball 3:00 pm	26 Body Works : 9:15-10:15 am & 7:30-8:30 pm Mommy & Me 9:30 am Kid's Karate 7:00 pm Tennis Clinics	27 Women's Tennis Clinic 7:00 pm Hip Hop Tots 10:00-11 am Kidz Art 5:30-6:30 pm Yoga 6:30	28 Body Works 9:15-10:15 am Mommy & Me 9:30 am Karate 7 pm Tennis Clinics	29 Dance Classes Women's Tennis Clinic 7:00 pm	30 Body Works 9:15-10:15 am Tennis Clinics Kids: 3:30 pm Teens: 5:30 pm	

WE'RE ON THE WEB!
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COMMUNITY CONNECTION

Policies are in place to ensure safety and to provide a pleasant atmosphere for all residents. While it is not necessary to list all policies, we would like to high light a few each month to serve as a reminder to all who use the recreation facilities.

ACCESS CARDS: All residents must have their club access cards when utilizing the facility. This card is necessary to access certain areas of the facility, and to be used for identification purposes. Access cards are issued to residents of Olympia 16 years and older. Each household is issued two complimentary cards, and additional cards may be purchased for \$10 each.

POOL RULES: Please shower before entering the pool. Lotion and Oil buildup will result in mechanical failures and closures. Please refrain from eating, drinking and smoking inside the pool area. Anyone under the age of 16 must be supervised by an adult. There is to be no running, jumping, diving or cannonballs into the pool. No one under 16 is allowed in the spa.

FITNESS CENTER: Only residents 16 years and older are allowed to work out in the fitness center. Villa Olympia has two personal trainers for residents to schedule workout sessions with, no other trainers are allowed. Please remember to wipe down the equipment after use, and limit your time on each machine to a 1/2 hour during peak times.

PATIO RENTALS: Have your next special occasion or gathering at Villa Olympia. Two outdoor patios are available for use and are perfect for birthday parties, showers, or just getting together with friends and family. The user fee per patio is \$20.00/hour, plus a \$30.00 set-up fee, and a \$100.00 refundable deposit. Thirty guests maximum.
Stop by the clubhouse to reserve a date!

VILLA OLYMPIA
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